

Inwood Sharks Swim Team 2010 Swim Season Practice and Meet Schedule

Season Schedule:

Tuesday, May 4 th	Parents Mandatory Team Meeting: 7pm - 7:30pm at the pool – must attend 1 mtg!
Monday, May 10 th	Parents Mandatory Team Meeting: 7pm - 7:30pm at the pool
Monday, May 10 th	After-School Practice Begins – see schedule below for times
Sunday, May 16 th	Season Kick-Off Party & Swim (Purchase Swim Suits!) 4pm - 7pm
Saturday, May 22 nd	Stroke & Turn Clinic – see Clinic registration form for details
Saturday, May 29 th	Swim Meet Home versus Fine Silver Ranch – Warm-Ups 7:45am, Meet 9am
Saturday, June 5 th	Stroke & Turn Clinic – see Clinic registration form for details
Monday, June 7 th	Swim Meet Away at Hunter's Creek – Warm-Ups 4:45pm, Meet 5:30pm
Tuesday, June 8 th	Morning Practice begins
Thursday, June 10 th	Hang with the Coaches: 8pm – 10pm
Saturday, June 12 th	Swim Meet Away at Canyon Springs – Warm-Ups 8:15am, Meet 9am
Thursday, June 17 th	Hang with the Coaches: 8pm – 10pm
Saturday, June 19 th	Swim Meet Home versus Inwood Hollow: Warm-Ups 7:45am, Meet 9am
Wednesday, June 23 rd	Stroke & Turn Clinic – see Clinic registration form for details
Thursday, June 24 th	Hang with the Coaches: 8pm – 10pm
Saturday, June 26 th	Lone Star Championship Meet: Blossom Athletic Center, Warm-Ups 1pm, Meet 2pm
Monday, June 28 th	Awards Celebration: 7pm - 9pm at the Inwood Pool

Team Swim Suits:

All team swimmers are required to have a team suit. This is the second year for the team swim suit, so if you purchased one last year and it still fits, please feel free to have your child use it again this season! If you are new to the team or in need of a new suit, suits may be purchased at the Season Kick-Off Party. If you can't make the party and your swimmer needs a suit, it would be a good idea to have someone pick one up for you as our vendor does not have a shop here locally. If you miss getting a suit at the Kick-Off Party, you may contact Stephanie Garney, Swim Shops of the Southwest, 800-362-8791.

Team Practices:

Practice for the 2010 swim season begins after school on Monday, May 10th and then changes to mornings on Tuesday, June 8th. There are no practices the day of meets unless requested by the coaches! The practice schedule is as follows:

Monday through Friday, May 10th to June 4th

5-6 Year Olds	5:00pm – 5:30pm
7-10 Year Olds	5:30pm – 6:15pm
11 & Up	6:15pm – 7:00pm

Beginning Tuesday, June 8th, the morning practices are as follows:

7 – 8 Year Olds	8:30 – 9:30 am
9 – 10 Year Olds	9:30 – 10:30 am
11 Year Olds and Up	10:30 – 11:30 am
5 – 6 Year Olds	11:30am – 12:00 pm

Please Note – If your child is unable to make morning practice due to other commitments (Vacation Bible School, summer camp, etc – NOT just because he or she slept in!!), afternoon make-up practices will be scheduled for ages 8 and up from **6pm-7pm Monday through Thursday, beginning Tuesday, June 8th through Friday, June 25th.** (Please note: there are no make-up practices scheduled for 5-7 yr olds.)

Contact Information:

President: Cathy Falzareno, 493-4028 - cfalzareno@sbcglobal.net
 Volunteer Coordinator: Cindy Sinclair, 408-1137 - cindy@sinclair.org
 Head Coach: Christy Dallahan, 347-3090 – cdallahan@sbcglobal.net